

407-297-9048 for private dance lessons from Two Left Feet Dance Lessons near Orlando.

Ballroom Dance Lessons Orlando: Last revised on November 4, 2017

This list changes as fast as the weather here in Orlando. Please do NOT go to the dance based on this list. Call the contact number, go to website to see if the dance floor is still available. Dances change without notice. If you cannot get in touch with the venue, please call me at 407-297-9048. I will try to help.

Diana Jo Rossano's Ballroom Dance definition:

Waltz & Foxtrot are danced in the line-of-dance (counter clockwise around the perimeter of the dance floor) Dances Include: Bolero, Cha cha, Hustle, Rumba, Salsa Dancing, Samba, Swing, (East Coast & West Coast Swing), Tango. Usually one dance mixer. (change partners)

Beardall Senior Center

Thursday & Saturday Evening Dances 800 South Delaney Avenue Orlando, Florida 32806 On the Last Saturday of the month there is a NON senior dance from 7:30 p.m. to 10:00 p.m. Planned & supported by the City of Orlando. Attend with your own partner or plan a group outing. Geared for Seniors: Big band and slower-paced music. An opportunity to be the snott-nosed kid at the dance. Very friendly and inspirational dancers! More information: (407) 246-2637

Bella Ballroom

Every Friday dance 7:00 to 11:00 for \$5.00. - 12100 W. Colonial Dr., Winter Garden FL 34734 - Website: <http://www.showcasewg.com/> - Email: BellaRoomWG@gmail.com - Information: - (407) 347-9914

Dance Club of Central Florida

Every Sunday from 3:30 p.m. to 6:30 p.m. Secret Lake Park Recreational Center 17/92 & Secret Way Casselberry, Florida 32707 More Information: 407-263-8593 Website: <http://www.danceclubofcentralflorida.com>

Mark's Street Senior Center

Their schedule changes without notice. Go to the website (information not very reliable) or best to call before you attend. 99 East Marks Street Orlando, Florida 32803 More information: (407) 245-0921 Friday Dances 7:30 p.m. to 10:00 p.m. Planned & supported by the Orange County Parks & Recreation 2nd Friday of the month is a tea dance 1:30 to 3:30 p.m. Band plays music. Attend with your own partner or plan a group outing. Geared for Seniors: Big band plays slower-

paced music. An opportunity to be the snot-nosed kid at the dance. Very friendly and inspirational dancers!

Rhythm & Smooth – Dances are held on Fridays (Most of the time – call before attending) (407) 677-1569 7:30 p.m. is a group dance lesson 8:00 p.m. to 10:30 is the dance. \$15. admission and includes the dance lesson . 3950 South US Highway 17 92, Casselberry, FL
<https://rhythmandsmooth.club.com>

Rob and Dees Ballroom dance on the Fourth Saturday of the month

Starts at 7:30 to 10:00 p.m. Cost \$10. and the address is 99 East Marks Street Orlando, Florida 32803 More information: 407-637-5934

Mark Arnot Ballroom Dance

Weekly dances – changes every week. Please check out his website for more information:

www.arnottballroomdance.com

Venetian Ballroom Dance, 10685 E Colonial Drive, Orlando, FL 32817, (407) 346-4790

Nannette's Dance

Monthly dances – changes every month. 386-532-2624

Please check out his website for more information:

<http://www.nannettesballroomdance.com/>

Dances are held at: First Christian Church, 2565 East Kaley Avenue, Orlando, FL 32806

USA Dance

Bahia Shrine Auditorium 2300 Pembroke Dr. Orlando, Florida 32810 More information: John Davis - 407-644-6286 7:30 lesson. 8:00 to 11:00 p.m. dancing Website: www.usadance.org
Members get a special admission price. Membership is \$35. a year.

[Backstage Nightclub & Sports Bar](#). In the Rosen Hotel, 9700 International Drive, Orlando, FL 32819 On Thursday evenings it is Ladies Night. Call to find out if the DJ is spinning hits from 80's, 90's and Current Top-40 music. 9pm till Midnight - 407-996-9700.

[Blue Martini](#) Thursday evenings at 8:00 p.m. to 11:00 p.m. 4200 Conroy Rd Suite H-246 Orlando, FL 32839 More Information: 407 447-2583 Website: <http://www.bluemartinilounge.com>

[Cuba Libre](#) – for salsa dancing on Friday nights. I found this place from a salsa nut. My bet this is a nice place. 9101 International Drive, Orlando, Florida 32819 Located in Pointe Orlando - MON-SUN 10:00 pm-2:00 am Phone: 407-226-1300

[Gilt nightclub](#) 740 Bennett Road, Orlando, Florida 32803 Call 407-504-7699 or go to the website for more information.

[Howl at the Moon](#), this is a bar and has a small dance floor - 8815 International Drive, Orlando, FL 32819 Phone: 407-354-5999

Latin Quarter at City Walk has two venues:

1) [Universal Studios, Orlando](#) 6000 UNIVERSAL BLVD, Orlando, Florida 32819 Thursday, Friday & Saturday 9:30 p.m. to 2:00 a.m. Orlando, FL 32819 More information: (407) 224-2800

2) [The Groove](#) – 6000 UNIVERSAL BLVD, Orlando, Florida 32819 dance the night away to a mixture of high-energy house and trance music in this most unique dance club located in City Walk at Universal Orlando. Daily 9:00 pm - 2:00 am

[Los Portales Restaurant](#) – I received this information from a student. Please remember this venue wants to sell you food and drink and NOT dancing. Latin music on Friday and Saturday nights starting at 8:00 p.m. 1436 N. State Road 436 in Casselberry, FL 32707 407-681-4000

[Matrix](#) OR Metropolis Orlando- OR Cuba Libre (the name changes may mean one business absorbing another – this is a tough way to make a living.) 9101 International Drive, Orlando, FL 32819 Located in Pointe Orlando - MON-SUN 10:00 pm-2:00 am Phone: 407-370-3700-

[Roxy's](#) - has closed and is now called: [Gilt nightclub](#) 740 Bennett Road, Orlando, Florida 32803 Call or go to the website for more information.

[Salsa Latina Latin Club](#) , 2783 North Orange Blossom Trail, Kissimmee, Florida 34744; Telephone: 407-870-0600

[Samba Room](#) - 7468 Sandlake Road, Orlando, FL 32819 407-226-0550 Remember the dance floor will be small because this business wants to sell you food and NOT dancing. Samba Room is located off Dr. Phillips at Sandlake Road 407-226-0550

[Tavern on the Lake](#) -Friday evening at 11:00 p.m. – 2:00 a.m. Latin night 6996 Piazza Grande Avenue Orlando, FL 32835 More Information: <http://www.tavernorlando.com/> (407) 233-2900 or (407) 293-6233

Diana Jo Rossano's definition of Swing Dancing Swing is a broad term for this style of couple dancing. Like saying, "Apple." There are different types of apples: Granny Smith, Gala, Red Delicious, etc.

There are many types of swing, too. 1) Lindy hop named after Charles Lindbergh that "hopped" the Atlantic back in 1927 is an extremely fast music. 2) East Coast Swing that looks more like the dance from "Happy Days" of the 50's & 60's music. 3) West Coast Swing, mostly danced to blues and to pop music.

Beardall Senior Center

Fourth Wednesday Swing Band Dance 7:30 p.m. to 10:00 p.m.

800 South Delaney Avenue Orlando, Florida 32806 More information: (407) 246-2637 Planned & supported by the City of Orlando Attend with your own partner or plan a group outing. Geared for Seniors: Big band and slower-paced music. An opportunity to be the snot-nosed kid at the dance. Very friendly and inspirational dancers!

Swing Era Productions

Whirl & Twirl Dance Club 6949 Venture Circle Orlando, Florida More Information: (407) 947-8218 2nd & 4th Saturday 8:00p.m.to11:00p.m. Mostly Lindy-Style dancing (very energetic)

UCF Swing Club

Fridays at 8:00 p.m. to 12:00 a.m. Mostly Lindy-Style dancing UCF Education Building, Multipurpose Room 174 off Alafaya Trail More Information: <http://www.swingknights.org>

West Coast Swing Dance Third Saturday of the month.

Whirl & Twirl Dance Club 6949 Venture Circle Orlando, Florida 7:30 p.m. is the dance lesson. 8:00 p.m. is the dance. Put on by Mark Trainor, dance instructor.
<http://www.floorplayswing.com>

Straight up West Cost Dance

This dance is sometimes held on the 2nd Friday of the month at Celebrity Ballroom. Orlando, Contact: straightupwes@yahoo.com for actual times and venue address.

Diana Jo Rossano's definition of Country-Western Dancing If you like Country Western music, you have found a great place to dance to your music. Dances you may want to learn: Nightclub two step (slow dance), Cha cha, triple two step, east coast swing, west coast swing and Country Western two step.

The Barn

1200 South French Avenue Sanford, Florida 407-324-2276 <http://www.thebarninsanford.com/>
Wednesdays - Line dancing lessons at 7:00 p.m. five dollar cover charge Fridays - Couple dancing lessons at 7:00 p.m. five dollar cover charge Country Western style dancing. Smoking is allowed at this location. There is a "Non-Smoking seating section.

Cowboys

1315 Monte Carlo Trail Orlando, Florida 32805 www.cowboysorlando.com Open Thursday through Saturday 8:00 p.m. to 2:00 a.m. Country Western style of dancing. Smoking is allowed at this bar. I've been told that the ventilation system is not very good. I haven't tried this location.

Post Time

2500 U. S. Highway 17/92 Longwood, Florida 32750 407-834-9396 Swing, hustle, cha cha, free style dancing. Wednesdays at 9:00 p.m. I don't have a contact person for this dance. It is just show up and be fortunate to find dancers.